



APCS

Asia-Pacific **Chemsex** Symposium

Pleasures, Policies, Possibilities

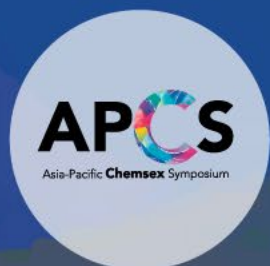
Fragile Freedoms: Navigating Agency and Harm Reduction in Chemsex

Rodenie Arnaiz Olete, MSc, RN

1. Sustained Health Initiatives of the Philippines (SHIP)
2. Department of Public Health, NCKU – Taiwan

“ Am I doing this because
I want to, or because
I feel I have to?

Asia-Pacific
Chemsex
Symposium



*Pleasures
Policies
Possibilities*

“I felt stronger when I started using... it removed depression, [and] the fear. I felt invincible.”

“Chemsex people, they understand and support you... they won't leave you wasted... they make you feel you belong.”

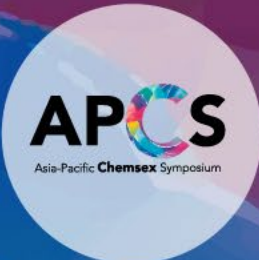
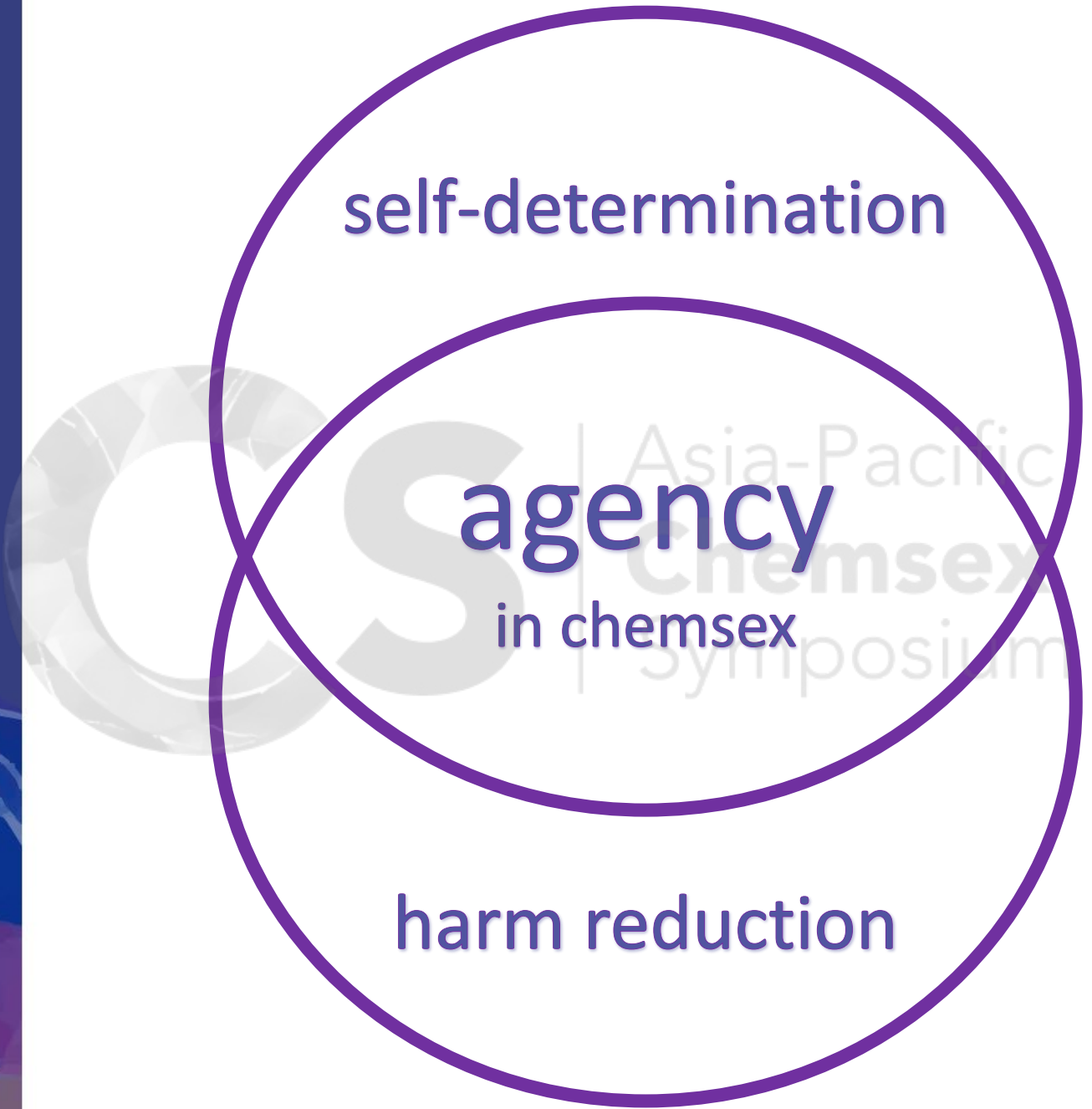
“I don't have any plans of stopping drug use at the moment. I believe I know how to handle and manage myself.”



Punitive laws influence agency and access to care

“IDEALS study recorded 252 killings and 229 arbitrary detentions that went with other instances of torture and enforced disappearances.”

Harm reduction strategies improves self-determination by widening options for a well-informed decision.



*Pleasures
Policies
Possibilities*



We can empower individuals to stay true to their own choices, to navigate their lives safely, and to find strength in their own agency.



*Pleasures
Policies
Possibilities*



APCS

Asia-Pacific **Chemsex** Symposium

Thank you.

Pleasures, Policies, Possibilities

6-7 November 2024 | Bangkok, Thailand #APCS2024

 @APCSymposium

 @APChemsexS

 [APCSymposium.org](https://www.APCSymposium.org)