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HIV/TB Agency, Information and Services Activity

Community -led SBIRT serviced for SDU among YKP in Yangon, Myanmar

Community Partners International
USAID AIS Project

APCS 2024





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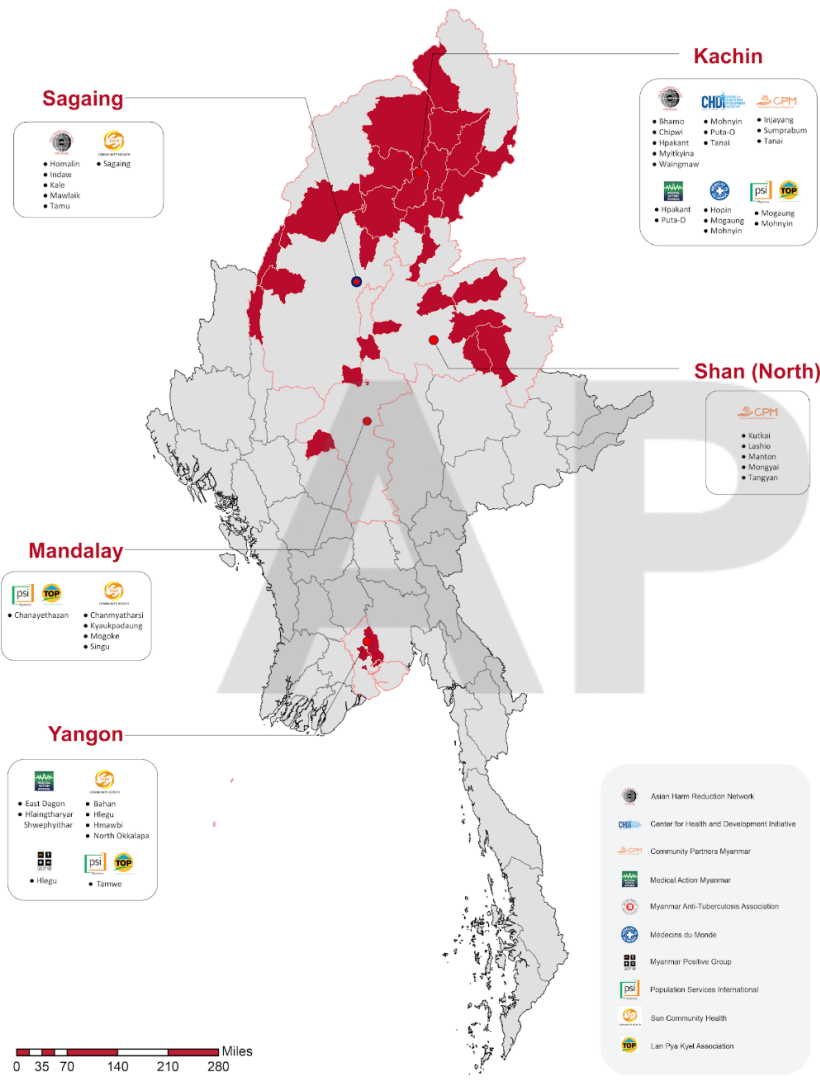
HIV/TB Agency, Information and Services Activity

Presenter : Dr Myo Myat Aung
HIV/TB Agency, Information and Services (AIS) Activity
Community Partners International

Community-led SBIRT services for SDU among Young Key Population in Yangon, Myanmar



HIV services in AIS Project Area



Project Duration: Five years (October 2021 to September 2026)

Target Population: Key Populations (MSM, TGW, FSW, PWID)

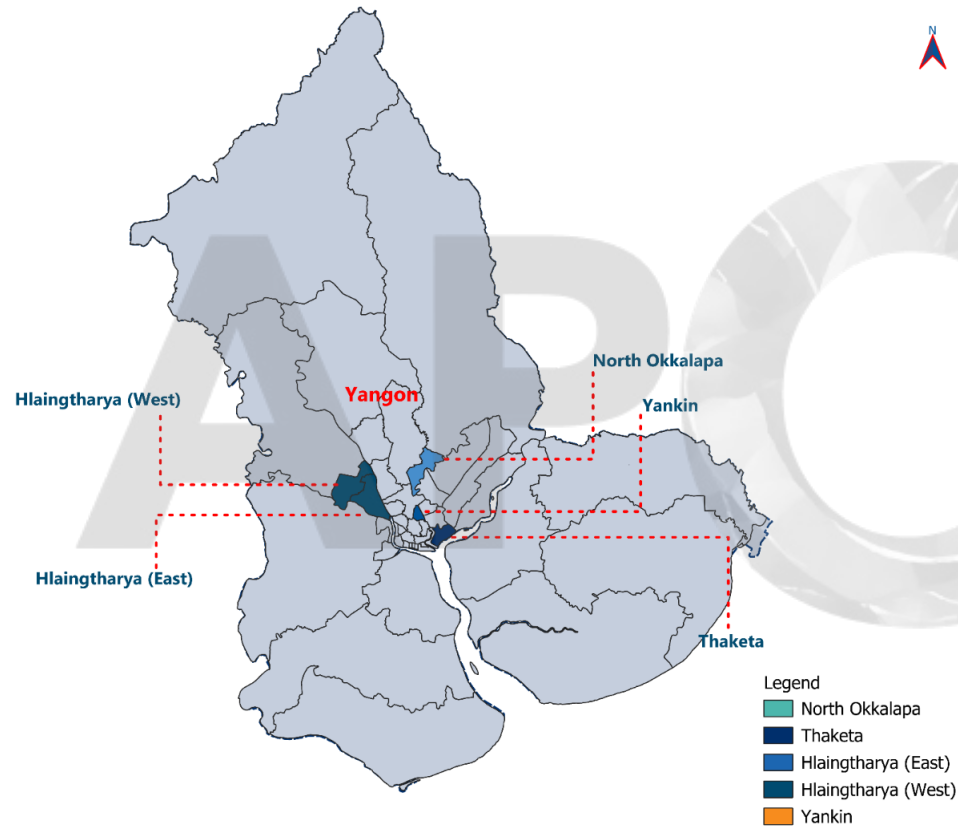
Geographical Area: Five USAID priority areas (Kachin, Sagaing, Mandalay, Yangon, Northern Shan)

Prime partners: Community Partners International

Sub Recipients: 7 Nov 2024

- 5 International Partners
- Asian Harm Reduction Network (AHRN)
 - Médecins du Monde (Mdm)
 - Medical Action Myanmar (MAM)
 - Population Services International (PSI)
 - PATH
- 5 Local Partners
- Metta Development Foundation (CHDI)
 - Myanmar Positive Group (MPG)
 - Community Partners Myanmar (CPM)
 - Sun Community Health (SCH)
 - Lan Pya Kyel (LPK) Association

Background



- AIS, in collaboration with Myanmar Youth Star, implements SBIRT (Screening, Brief Intervention, & Referral to Treatment)
- A community-led response to SDU among young KPs
- KPs include MSM, TGW, FSW and PWID
- Timeframe: April to Sep 2024
- Location: 3 KPSC and 1 Youth Corner in 4 townships in Yangon

Screening

- Early identification of KPs at-risk for substance use problems

Brief Intervention

- Build awareness and educate KPs on the risks associated with substance use
- Motivate those at-risk to reduce unhealthy, risky use, and adopt health-promoting behavior
- Motivate individuals to seek help and increase access to care for those with (or at risk for) a substance use disorder

Referral to Treatment

- Link to more intensive treatment services for KPs at high-risk

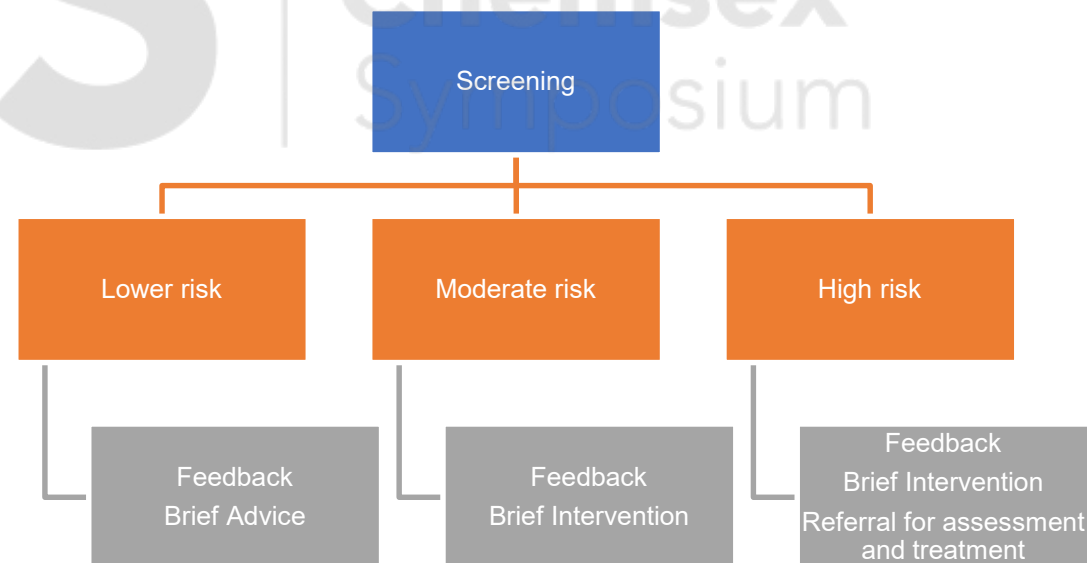
TABLE 1 | ASSIST risk score and associated risk level and intervention

Alcohol	All other substances ^a	Risk level	Intervention
0 - 10	0 - 3	Lower risk	General health advice
11 - 26	4 - 26	Moderate risk	Brief intervention Take home booklet & information
27+	27+	High risk	Brief intervention Take home booklet & information Referral to specialist assessment and treatment
Injected drugs in last 3 months		Moderate and High risk ^b	Risks of injecting card Brief intervention Take home booklet & information Referral to testing for BBVs ^c Referral to specialist assessment and treatment

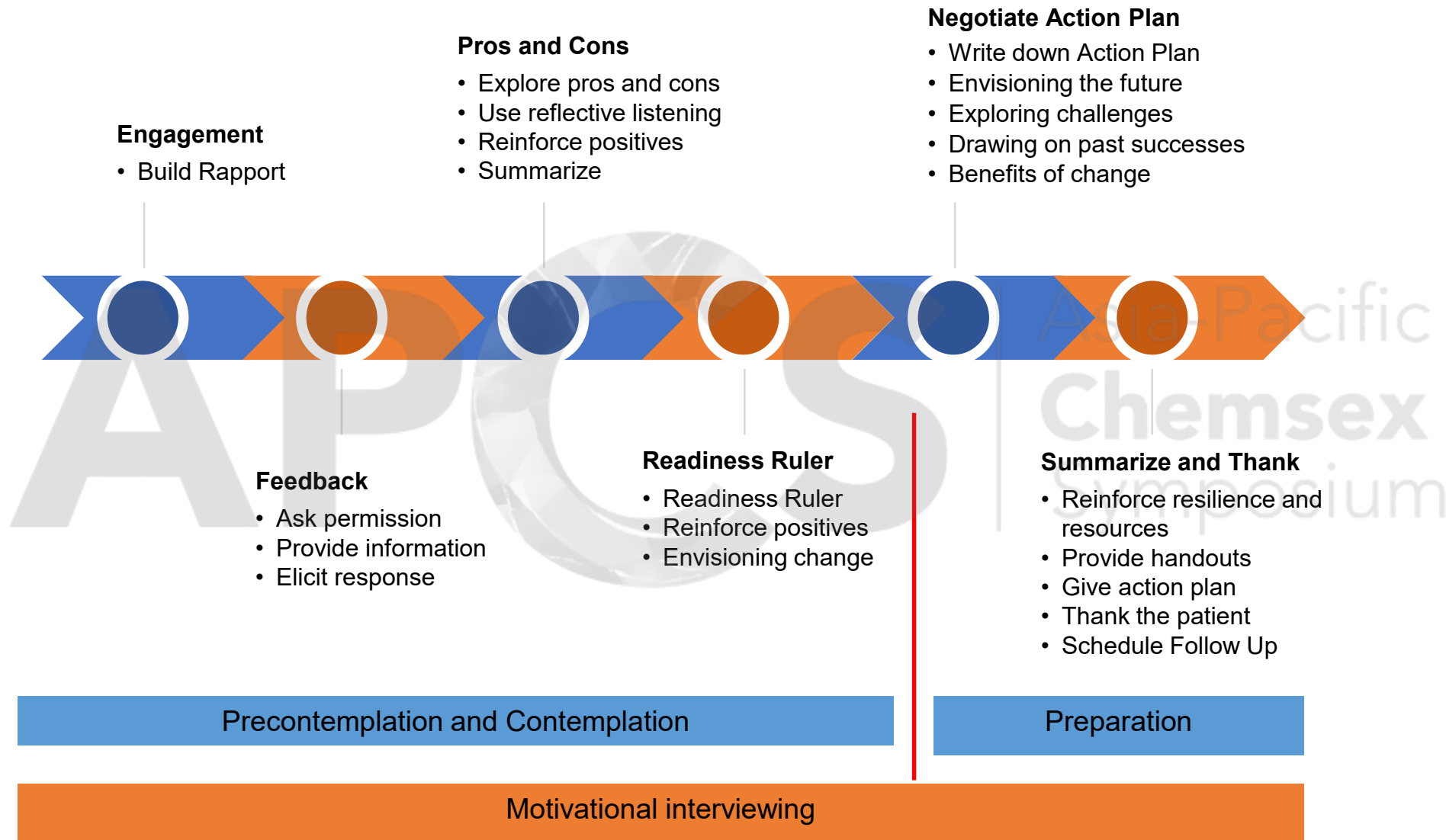
^a Tobacco products, cannabis, cocaine, ATS, sedatives, hallucinogens, inhalants, opioids and 'other drugs'.

^b Need to determine pattern of injecting – Injecting more than 4 times per month (average) over the last 3 months is an indicator of dependence requiring further assessment and treatment.

^c Bloodborne viruses including HIV and hepatitis B and C.



Steps in Brief Intervention



Lessons Learned

MYS trained



2 Peer Educators



Physical



Online

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SBIRT



6 Peer Counselors




**3 KPSC &
Youth Corner**


Lesson Learned (Screening)



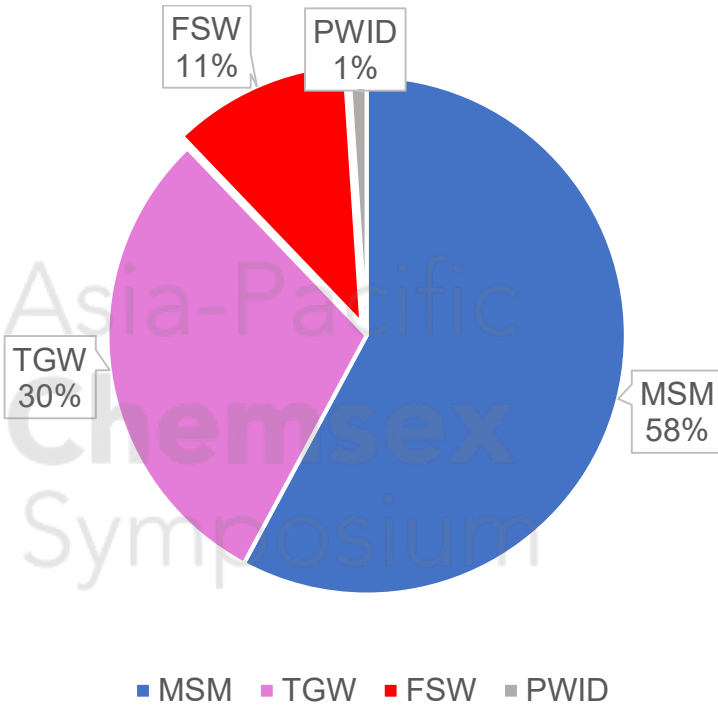
639
Total individuals
screened



498 (78%)
Out of 639 were
b/t **Age of (18 -29)**



477 (75%)
Out of 639 were **KP**



Lesson Learned (Intervention)



515

Moderate and High risk
received
Brief Intervention



41

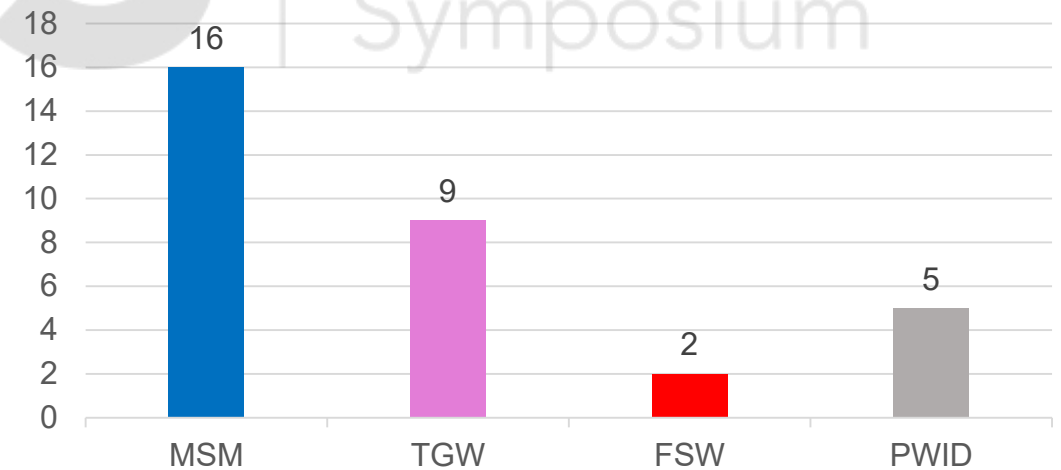
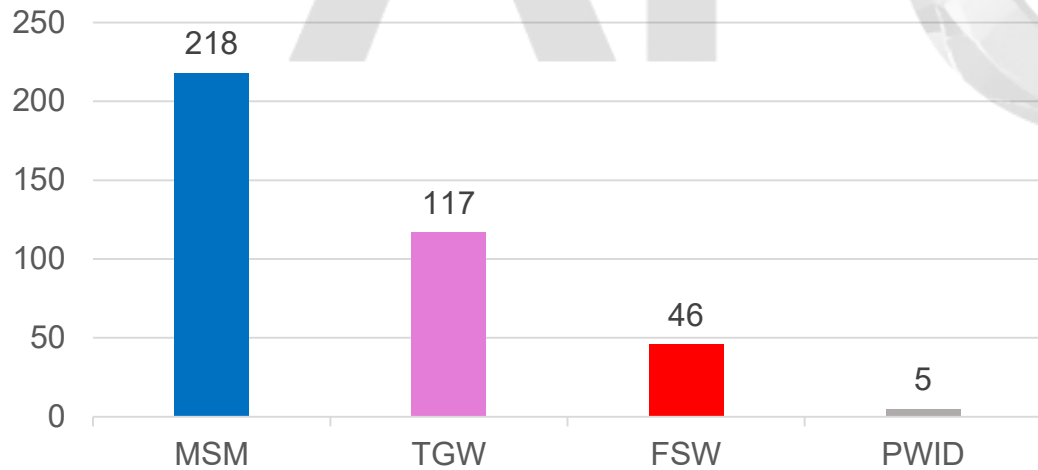
High risk
linked
Psychiatric Care



385(75%) KP



29(71%) KP



Lessons Learned (SDU)

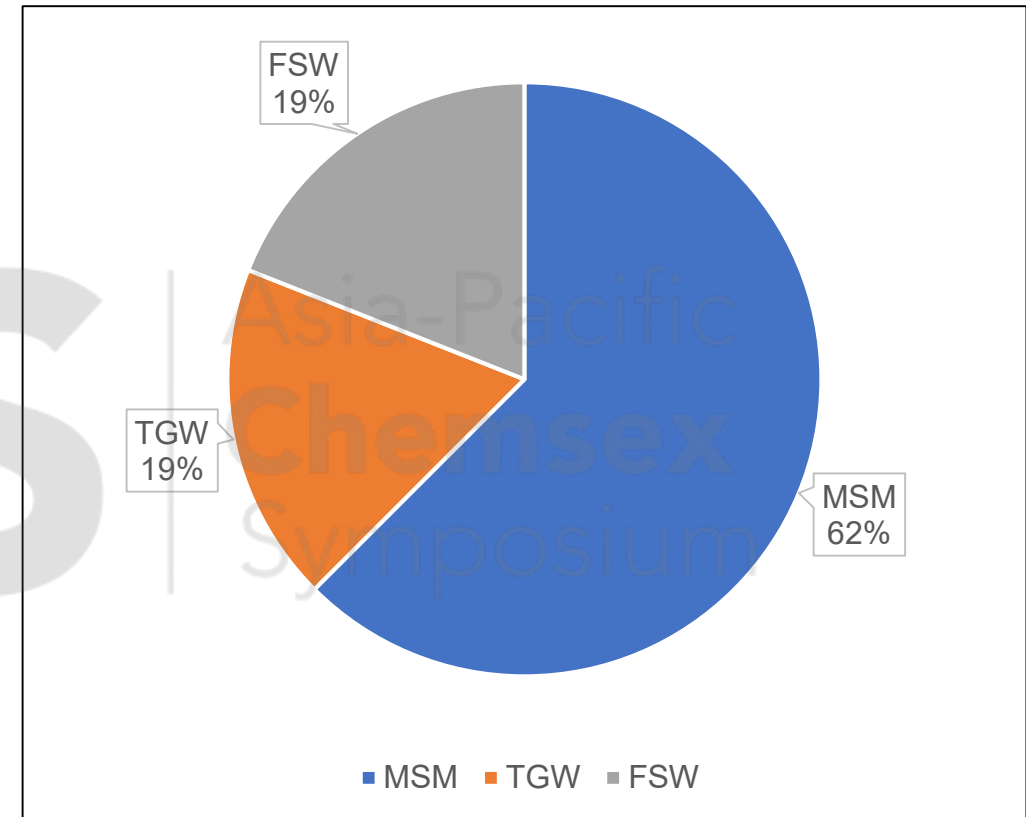


216

Engaged
SDU



200 (93%)
KP



Lessons Learned (linkage to HIV services)



639

Total individuals
screened



Linkage



Prevention



Testing



Treatment

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Conclusion/ next steps

- Finding demonstrated
 - The need for SBIRT service among young KP
 - Effectiveness in facilitating access to comprehensive services
- AIS will enhance partnership with youth CSOs to improve access to SBIRT services among young KPs
- Integration of SBIRT into existing HIV services of other AIS partners will be enhanced

01 Identify

Identify Chemsex participants
Population Size Estimate
Hotspot mapping exercise
Online Platforms, Social Media,
Dating Apps



ART 06

Refer to or provide ART
ART clinics
ART centers or DC sites

02 Reach

Online and Offline Social Network
Social Profile Outreach
Social Influencers Outreach
Advertising



Sexualized Drug Use & Integrated Health Services



Retain 07

PrEP and ART follow up
CAG
CPDP
CADP

03 Prevent

Condoms and Lubricants
Needles and Syringes Program
Harm Reduction & overdose Mx
PrEP and PEP, Hep B Vaccination



SBIRT 08

Screening, ASSIST
Brief Advice or Brief Intervention
Motivational Counseling
Referral for MHPSS

04 Test

Facility based and Mobile HTS
CBS
HIVST
STI screening
Hep B&C screening

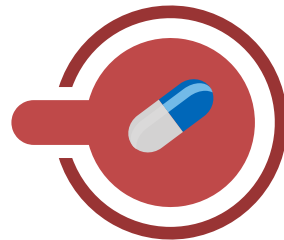


MHPSS 09

Community base and Facility based
PFA
PM+
Referral for Psychiatric care

05 PrEP

Refer for or provide PrEP
CPDP
PrEP clinics
GPs



CQI 10

Monitoring and Evaluation
Program review and analysis
Learning from experience.

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Thank You

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