

## Background

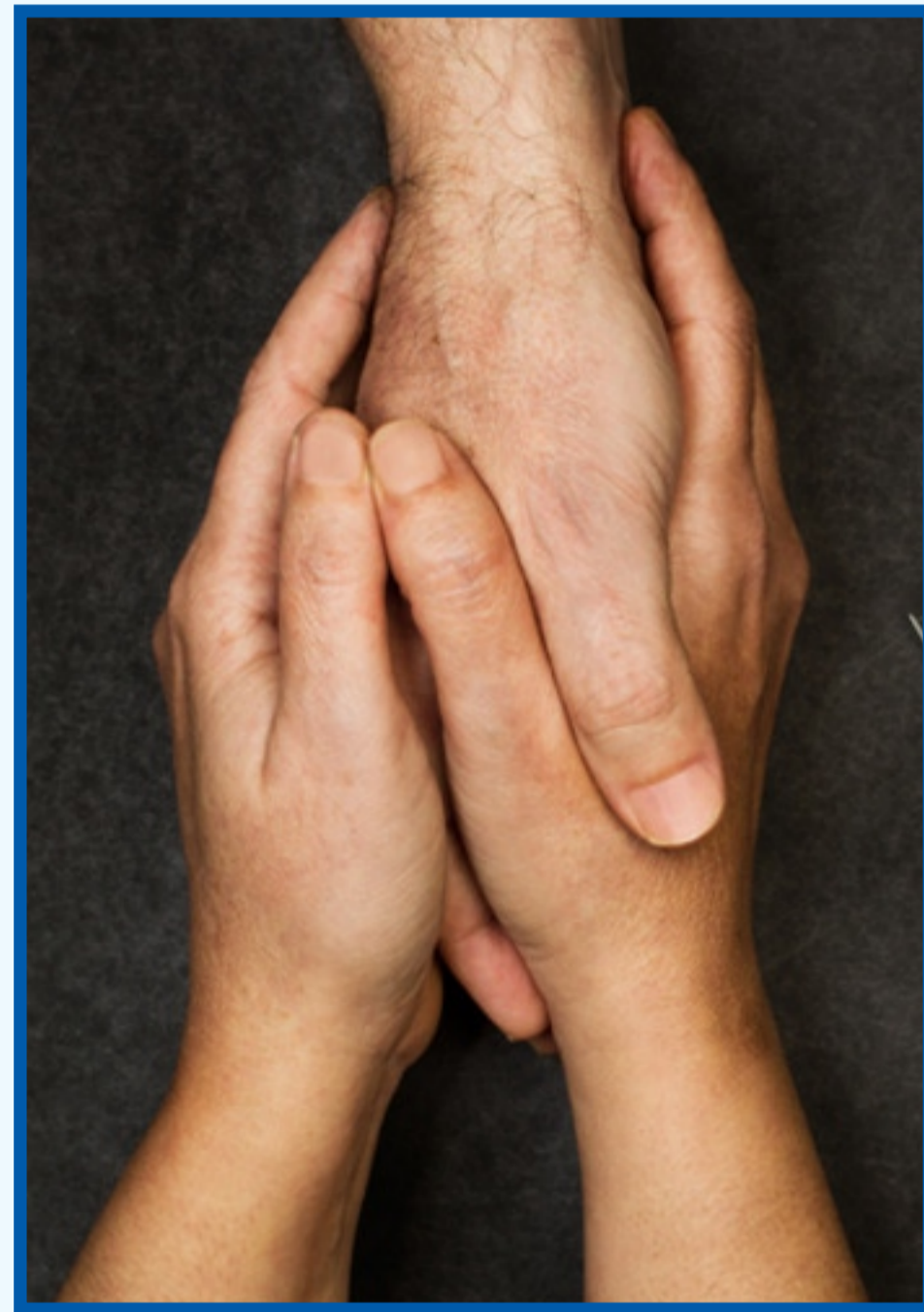
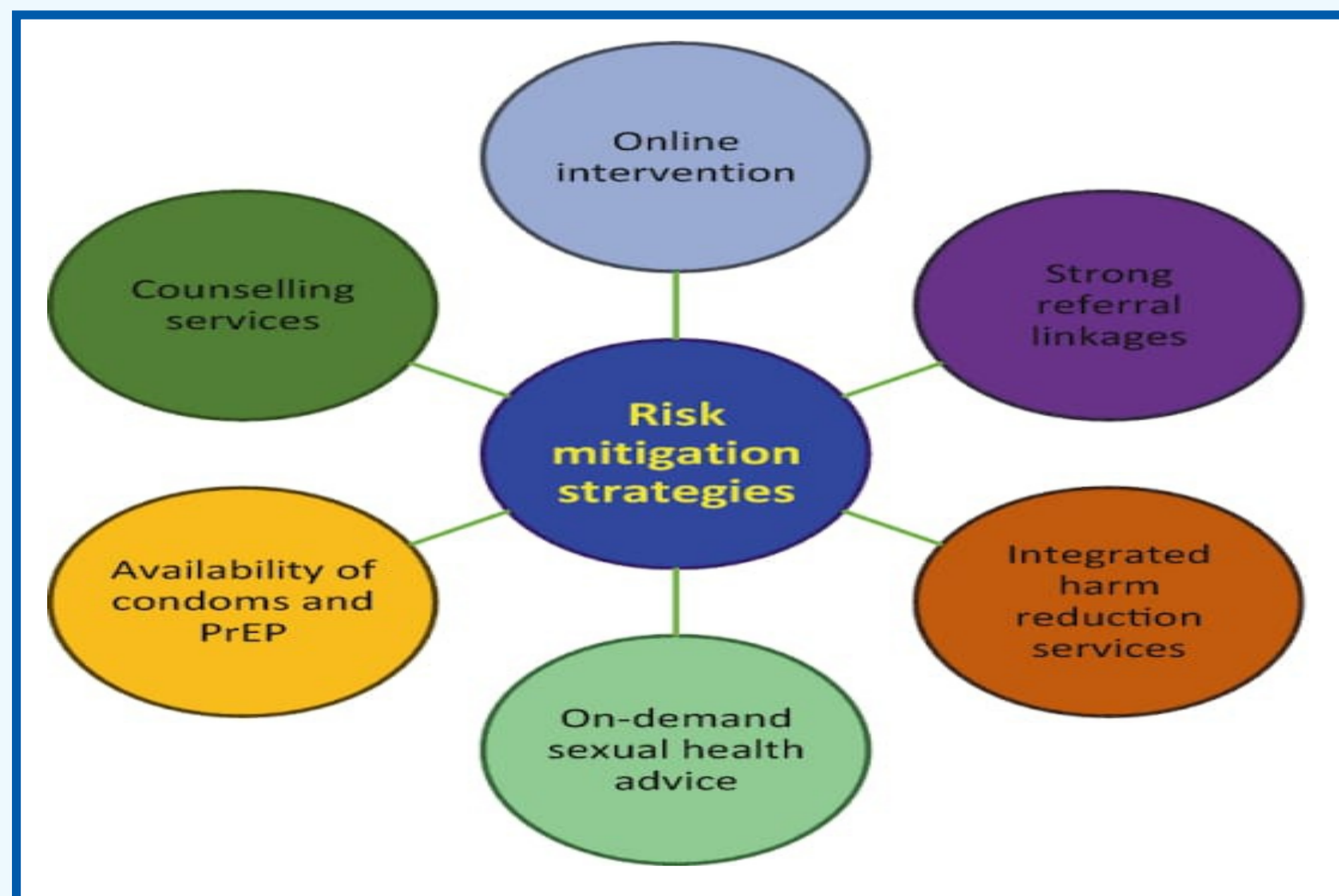
Chemsex, involving drug use to enhance sexual experiences, increases HIV risks and mental health challenges. Vulnerable communities in Multan face stigma and limited healthcare access.



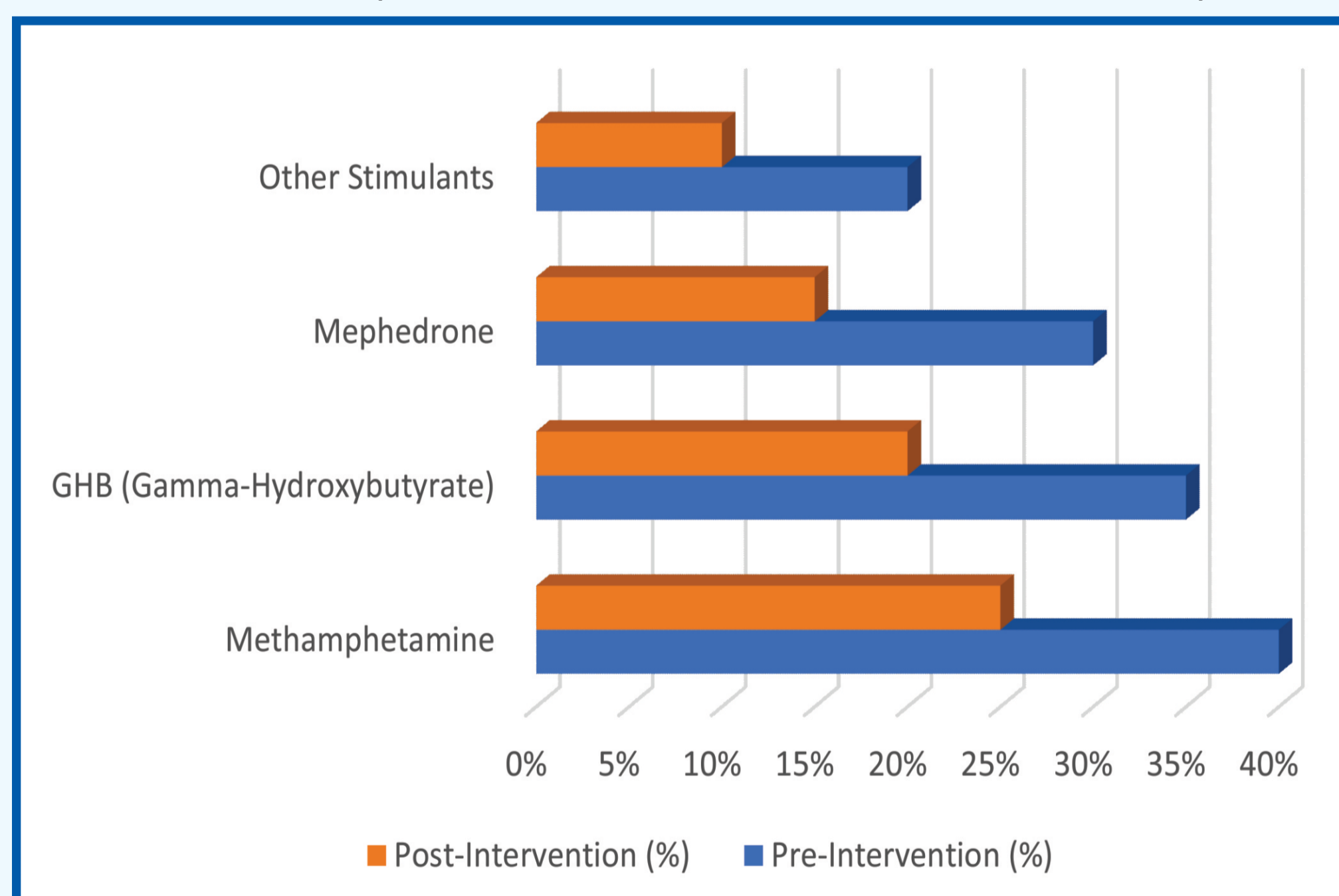
## Project Description

From Jan 2023 to June 2024, Wasaib Sanwaro led peer-based initiatives in high-risk areas. Activities included peer support groups, training for non-discriminatory healthcare, and integrating mental health services. Key populations targeted: transgender individuals, MSM, and sex workers. Collaboration with local authorities focused on inclusive policies.

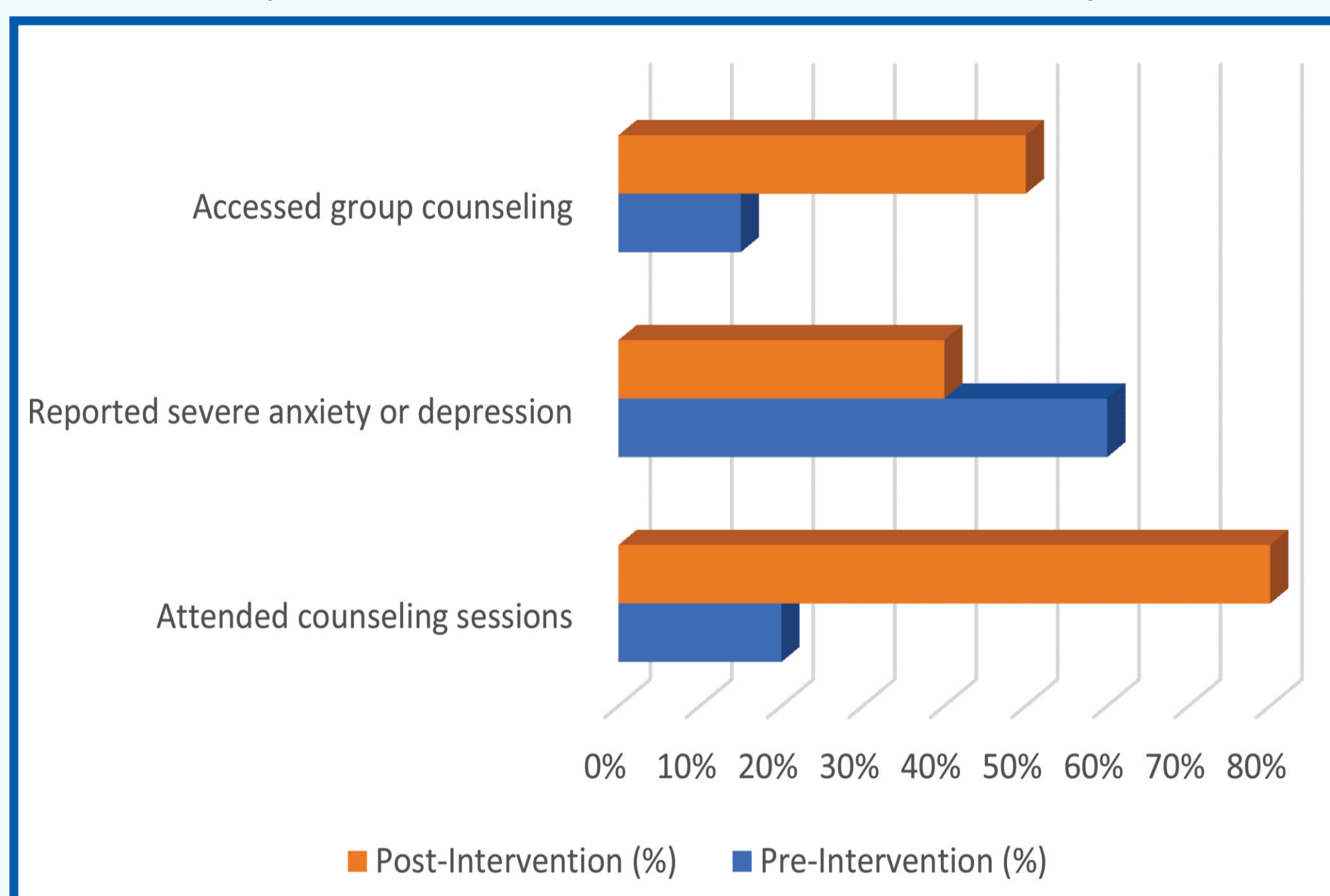
Risk Mitigation Strategy



Percentage of Participants Using Various Substances for Chemsex (Pre-Intervention vs. Post-Intervention)



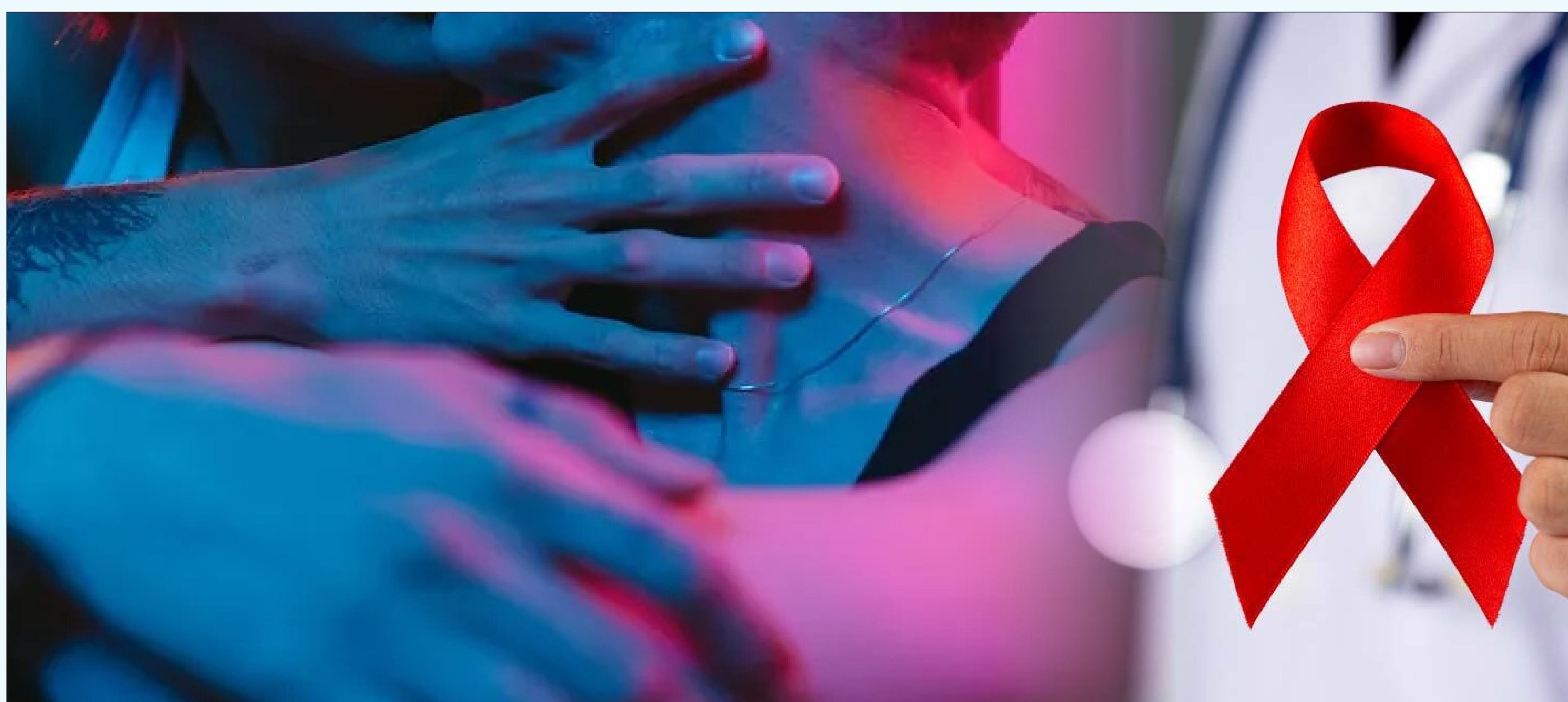
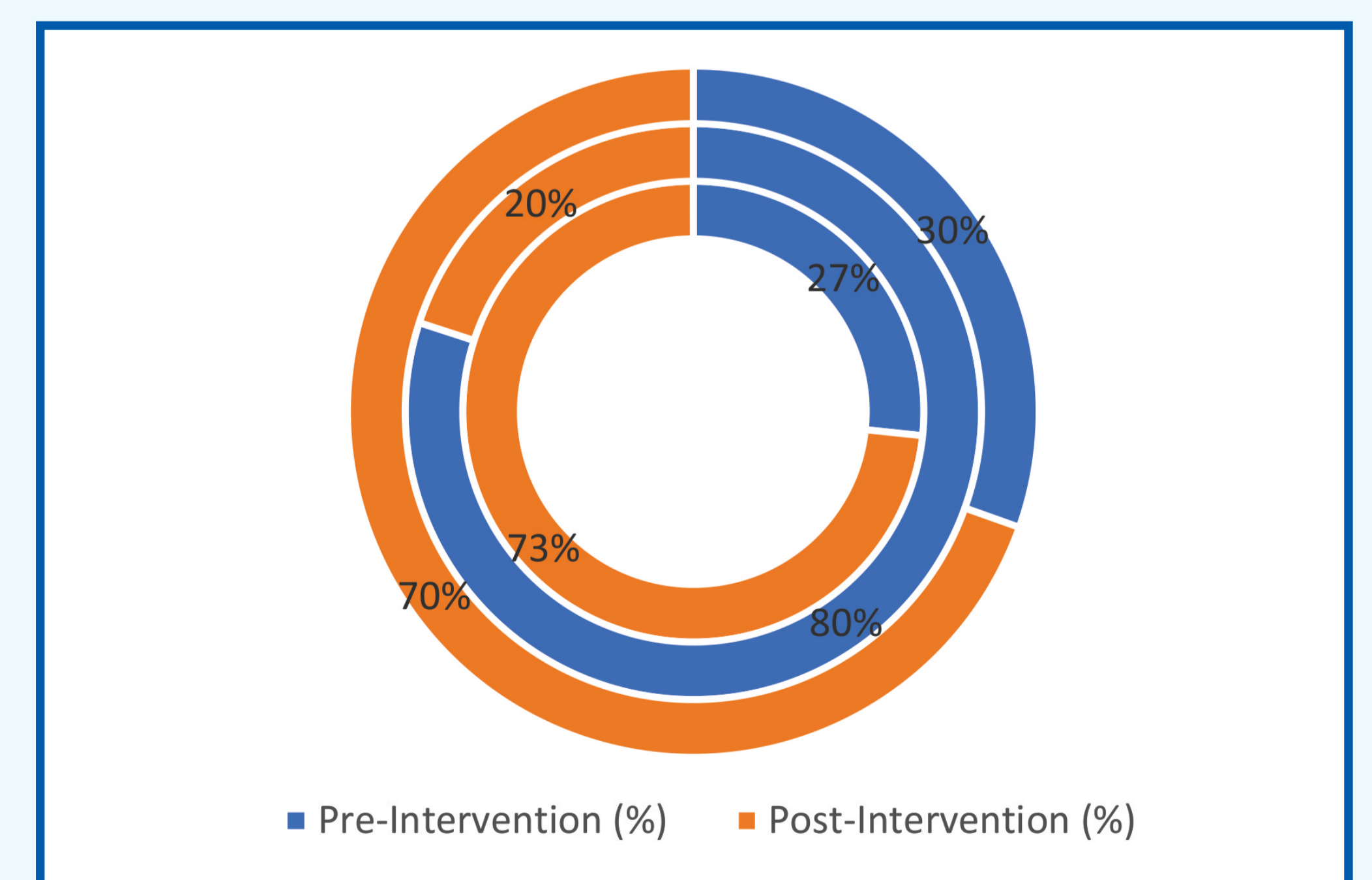
Mental Health Service Usage (Pre-Intervention vs. Post-Intervention)



## Lessons Learnt

Peer-led approaches built trust and increased service uptake. Integrating mental health was crucial. Challenges included funding limitations and resistance from conservative groups.

Changes in Risk Behaviors (Pre-Intervention vs. Post-Intervention)



## Conclusion/Next Steps

Person-centered, peer-led models are essential for harm reduction. Future goals: expand to other regions, secure funding, and advocate for supportive policies.

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